

as we are

Discussion Guide

We want to be in control....we are not in control

Opening

Share Highs/Lows since the last time you met or How has God surprised you this past week?

What insights from last week's intro sermon or discussion have you reflected on more this past week?
What stayed with you?

Discussion

1. What times in your life have you felt "in control" or as the poem says:
"I am the master of my fate, I am the captain of my soul"- Invictus by William Henley?
2. How have you experienced the battle of doing what you think you want (good behaviour) vs doing what you actually want (selfish behaviour)?
3. Where have you seen the lack of control damage careers, relationships or self-worth? or How have you felt judgement or shame when this has happened to you?
4. Reflect on how our heart rules our head with the following quote from the book:
Indeed, a troubling consequence of all this disorder is that our reason has become disconnected from our desires and emotions. Knowing the right action to take and actually desiring to take it have become two different things. Low Anthropology by David Zahl
5. How does Romans 7:15-20 point to the same truth?
6. Where do we find freedom from this sin that so easily entangles and deceives us?
see Romans 7:24-25
7. How does realizing you are not in control of yourself, impact how you view others?
Does it changes how we interact with others who find themselves caught in addiction or selfish behaviour?

Wrap Up

Pray as a group for each other and for your study of God's Word.
(If no one feels comfortable, pray the Lord's Prayer together.)